

Journey through Grief and Healing

Helpful Books for Difficult Times

For Friends, Family, and Caregivers



Good Mourning Getting through Your Grief

Allan Hugh Cole Jr.

Cole identifies ways of coping and reminds us of the hope we can find in mourning. He offers a way to work through loss and rebuild life with new strength. Cole describes what it takes to be engaged in good mourning

instead of endless suffering, and demonstrates how faith and prayer can be practical tools in life after loss.

978-0-66423-268-9 \$16.50



Grief Therapy

Karen Katafiasz

The death of a loved one has a powerful impact on a person's life, but the surrounding world often expects survivors to move quickly beyond their loss. This guide reassures those who grieve that out of their pain can come profound, transforming healing.

978-0-87029-445-7 \$8.95



May You Find Comfort A Blessing for Times of Grieving

Joyce Rupp

Drawing from Rupp's previous book, *Now That You've Gone Home: Courage and Comfort for Times of Grief*, this book offers an elegant prayer and

meditation in a beautiful layout, expressing the deep care and concern of the faith community.

978-1-59471-244-9 \$5.95



August Farewell The Last Sixteen Days of a Thirty-Three-Year Romance

David G. Hallman

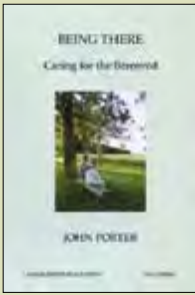
David G. Hallman

In his thoughtful and deeply personal memoir, David Hallman narrates the 16 days after his partner, Bill, was diagnosed with terminal cancer and

intersperses vignettes drawn from their 33 years together as a gay couple.

978-1-45028-636-7 \$21.00

For Friends, Family, and Caregivers

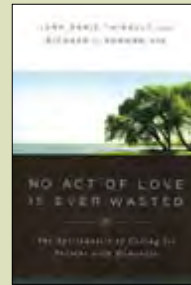


Being There **Caring for the Bereaved**

John Porter

Porter provides practical advice and support for those who find themselves called to “be there” for someone who is experiencing bereavement.

978-0-7283-0176-4 \$6.00



No Act of Love Is Ever Wasted **The Spirituality of Caring for Persons with Dementia**

Jane Marie Thibault and Richard L. Morgan

Caregivers have two basic needs: affirmation and reassurance. This book provides a hopeful model of dealing with life and death in the realm of Alzheimer's and other forms of dementia.

978-0-83589-995-6 \$18.99

Bestseller

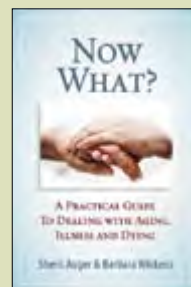


Good Grief

Granger E. Westberg

In this all-time classic, Westberg uses gentle wisdom and acute insight into human nature to guide readers through the 10 stages of grief. Readers develop a path through life's small losses as well as overwhelming grief.

978-0-80061-361-7 \$6.99



Now What?

A Practical Guide to Dealing with Aging, Illness and Dying

Sherri Auger and Barbara Wickens

The authors offer advice in a friendly manner with factual material in easy-to-read short passages for grieving readers.

The book explains how and why

grief harms functional decision-making, offers suggestions on how to make the best decisions, and gives concrete examples of working through the steps involved in pre-planning and wrapping up an estate.

978-2-89646-217-9 \$19.95

50th
Anniversary
Edition



Good Grief

Granger E. Westberg

This book offers valuable insights on the emotional and physical responses people may experience during the natural process of grieving. The anniversary gift edition includes space for readers

to record thoughts about their personal experience with grief.

978-0-80069-781-5 \$6.99

978-0-80069-782-2 \$11.50 Large print



Parting Gifts

Notes on Loss, Love and Life

Anne Hines

Readers are sent on an exploration into the nature of loss and the unexpected gifts that come to us as a result. Losses include divorce, depression, and fears brought on by aging. Hines assures us that something real and remarkable is there to be gained, no matter what kind of loss we may encounter.

978-1-55278-812-7 \$24.95



May I Walk You Home?

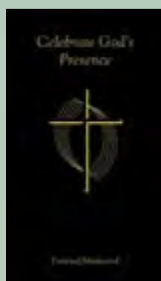
Courage and Comfort for Caregivers of the Very III

Joyce Hutchison and Joyce Rupp

This is an invaluable resource for professional caregivers and loved ones assisting those on their final journey home. With the experience and empathy of Joyce Hutchison

and the wisdom and inspiration of Joyce Rupp, readers will discover the courage necessary to embrace the struggles and rewards of this final companionship.

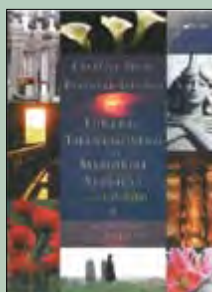
978-1-59471-214-2 \$16.20



Celebrate God's Presence Pocket Service Edition In Life, in Death, in Life beyond Death

This pocket-size booklet in a vinyl folder contains selected services and prayers for funerals taken from the United Church's *Celebrate God's Presence*. Includes a funeral or memorial service, a committal service, a family commemoration or wake, and more.

CH10202 \$17.95

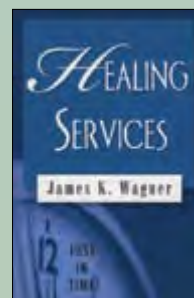


Creative Ideas for Pastoral Liturgy Funeral, Thanksgiving and Memorial Services

Jan Brind and Tessa Wilkinson

This practical resource offers prayers, forms of words, and many tried and tested ideas for creating rituals that give support at a time of great need following a death. It will enable the creation of rites (based on the authorized liturgical texts) that are beautiful, memorable, and meaningful. CD-ROM included.

978-1-85311-855-5 \$38.95



Healing Services Just in Time! Series

James K. Wagner

This practical and invaluable guide is for individuals who design and lead worship. It offers complete guidelines for developing a healing service ministry, as well as answers to frequently asked questions.

978-0-68764-248-9 \$11.50

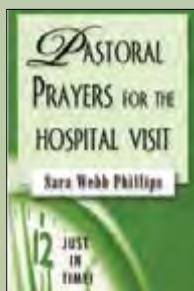


Seasons of Life: Putting Loved Ones to Rest Creative Ideas for Funeral Services

Joan Tessier

This book offers planning ideas for the funeral service. Included are messages, Words of Welcome, prayers, ideas for symbols and rituals to use at the graveside, poetry, and blessings.

978-0-97383-181-8 \$24.95
Companion CD also available



Pastoral Prayers for the Hospital Visit

Just in Time! Series

Sarah Webb Phillips

These prayers are offered especially for difficult times when you may not be sure how to pray or what to pray for. Related Bible verses are printed in full. Included are prayers related to illness, surgery, children and youth, death and dying, and accidents or violence.

978-0-68749-658-7 \$12.99

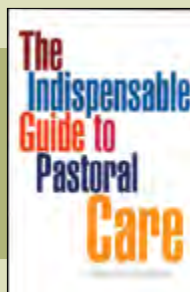
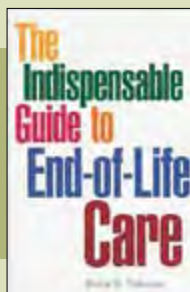


Prayer Therapy

Keith McClellan

In the delightful pages of *Prayer Therapy* you will see how every moment and every daily event are opportunities for prayer. This enriching book will inspire you with new confidence and convictions about the possibilities of prayer in your life.

978-0-87029-446-4 \$8.95



A Clergy Guide to End-of-Life Issues

Martha R. Jacobs

Jacobs, an ordained minister and a hospital chaplain for over 11 years, offers a comprehensive collection of tools to help both new and seasoned clergy guide congregants and their families through end-of-life issues.

978-0-82981-859-8 \$18.00

Healing the Heartbreak of Grief

Peter James Flamming

From years of pastoral experience and the heartbreak of losing his own son, Dr. Flamming knows that grief is anything but a tidy, predictable progression. Written in short, easy chapters with practical helps, this book can be your companion as you struggle to pick up the pieces and go on.

978-1-42670-221-1 \$14.50

The Indispensable Guide to End-of-Life Care

Sharyl B. Peterson

Peterson explores the relational journey pastors go through when ministering to those who are facing end-of-life situations, and guides readers on the fundamental elements each pastor must ascertain and apply when counselling those who are losing or have lost loved ones.

978-0-82981-848-2 \$16.00

The Indispensable Guide to Pastoral Care

Sharyl B. Peterson

This guide presents a basic description of the theological and practical dimensions of pastoral care, and what makes care distinctly "pastoral" as compared to other kinds of caregiving. Seminary students will learn to draw connections between care and their theological foundations.

978-0-82981-778-2 \$19.50

Lay Pastoral Care Giving

Timothy M. Farabaugh

This book offers a systemic way for pastoral care to happen within congregational life using the caring gifts among the laity in the church. Farabaugh offers a course that goes beyond just the initial training that is common in many other programs by including ongoing monthly training, and accountability meetings.

978-0-88177-554-9 \$23.50

Praying Our Goodbyes

A Spiritual Companion through Life's Losses and Sorrows

Joyce Rupp

This book is for anyone who has experienced loss, whether it is a job change, the end of a friendship, the death of a loved one, a mid-life crisis, or an extended illness. It is designed to help readers reflect, ritualize, and reorient themselves.

978-1-59471-205-0 \$20.75

The Sisterhood of Widows Sixteen True Stories of Grief, Anger and Healing

Mary Francis

This powerful book on healing contains 16 true stories from widows of all walks of life who reflect and comment about life after the death of their husbands. Emotionally every widow handles loss differently, yet they share a common bond that makes them part of a sisterhood.

978-1-60037-779-2 \$22.50

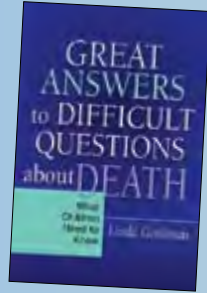


Badger's Parting Gifts

Susan Varley

When Badger dies, his friends think they will be sad forever. But gradually they are able to remember Badger with joy and to treasure the gifts he left behind for every one of his friends. This sensitive book can help children come to terms with the death of those they love.

978-0-00-664317-3 \$9.99



Great Answers to Difficult Questions about Death What Children Need to Know

Linda Goldman

Recognizing that children grieve differently from adults and taking youthful naïveté into consideration, Goldman covers some of the most common questions children ask about death and suggests age-appropriate answers they will be able to understand and relate to.

978-1-84905-805-6 \$18.50

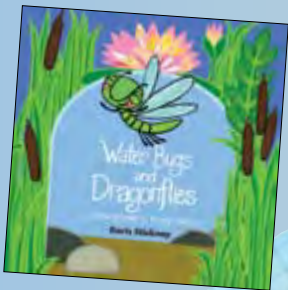


Still My Grandma

Véronique Van den Abeele

Camille and her grandma have a special friendship. But one day Grandma forgets Camille's name. Then she can't remember where to put her shoes. Camille learns that her grandma has Alzheimer's disease. Even though her grandma is sick, Camille finds a way to continue their friendship.

978-0-80285-323-3 \$18.00



Water Bugs and Dragonflies Explaining Death to Young Children

Doris Stickney

Looking for a meaningful way to explain death, Stickney adapted a graceful fable about a water bug that left its pond and was transformed into a dragonfly. The water bugs' questions about their friend's whereabouts are similar to the questions children ask when someone dies.

978-0-8298-1858-1 \$21.00

Also Available

Paperback	978-0-82981-624-2	\$5.00
Colouring book	978-0-82981-830-7	\$7.00



Where Do People Go When They Die?

Mindy Avra Portnoy

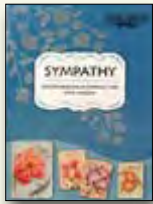
Young children ask adults this question, and although each reassuring answer is different, they all lead back to the same simple truth: When people die, "They go to God, who is everywhere." Includes an afterword and helpful suggestions for parents.

978-1-58013-081-3 \$20.95



Cards and Envelopes

Boxed Sympathy Cards



Heartfelt Sympathy

12 cards

166300S

\$5.50 per 12



Sympathy Value Box

24 cards with scripture

185710S

\$6.64 per 24

In Memoriam Sympathy Cards



A set of 10 attractive cards telling the family that a gift has been made to the church in memory of a deceased person.

300 000 046 \$5.00 per 10

M&S In Memoriam Donation Envelopes



300 000 047 No charge per 10



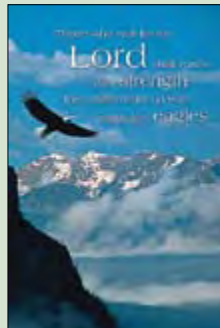
To make an In Memoriam gift visit www.united-church.ca/getinvolved/donate.

Bulletins

UCRD carries a selection of bulletins. Visit www.UCRDstore.ca and search for "Bulletins."



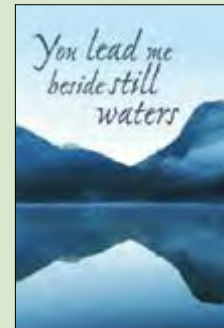
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